

# Langtree Parish Magazine

## Coronavirus Supplement April 2020

At the end of the first three weeks of the Coronavirus lockdown and with no end yet in sight we thought it would be useful to give you an update on where you can find information or give you some of the details which we have become aware.

If you want an immediate source of materials regarding coronavirus then you should go to the Government website <https://www.gov.uk/coronavirus>. Additional information on how it may affect Devon can be found on the Devon County Council website at <https://www.devon.gov.uk/coronavirus-advice-in-devon/>

We regularly update the Langtree Parish Community Facebook Group with important information but we know that a number of you may not be on Facebook or even have access to the internet.

If you need to contact someone for further information then please talk to your local parish councillors or to the parish clerk, Leigh Pollinger, 01805 601894, and they will try and point you in the right direction.

Stay safe.

The Magazine Team.

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### Support for vulnerable people who are 'shielding'

The NHS has identified people who have a high risk of getting severely ill if they catch coronavirus (COVID-19), because of their underlying health conditions.

Devon County Council have updated the information on their website about support for this extremely vulnerable group, including how to register on the Government website. If you are in this group, you may have received a letter or text message from the NHS or been contacted by your GP. The Government will arrange free weekly delivery of food direct to your house, and you can request other sorts of help available to you locally as well.

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### Helpline for people who have received an NHS Extremely Vulnerable letter

If residents have received an NHS extremely vulnerable letter, registered for support on the Government website but they have not received a food delivery, or they need other help because they are isolated then they can call: Devon Coronavirus Emergency Helpline 0345 155 1011.

## Information about grant and funding support

We understand that there may be grants available for care workers, community organisations, businesses and individuals, charities, hospitality industry, sports sector, and grants for the arts industry. Information on these grants have been brought together on the Devon County Council coronavirus webpages.

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## Local shopping details

Many people are buying food and necessities through the supermarkets but we know that getting suitable delivery slots can be very difficult. We thought it would be useful for you to know the names and phone details of some of the local shops. Some of these will take card payments and may even be able to make home deliveries but you will need to contact them to find out. If they cannot deliver, you should be able to order and pay for your goods and ask a neighbour or one of the parish volunteers to collect items on your behalf.

Shop	Telephone Number
B & N Foods	01409 211287
Blackberry Farm Shop (Milton Damerel)	01409 261440
Co-op (Groceries)	01805 622267
Duffys Home Hardware	01805 622496
Green Lantern (Bakery)	01805 622178
John Patts (Green Grocer)	01805 622807
Lloyds Pharmacy	01805 622174
R&S Ware (Butcher)	01805 622191
Sandfords (Bakery)	01805 622189
Spar (Groceries)	01805 624222
Squires Electric	01805 622807
Steve Gladwin (Butcher)	01805 624565
Whiskers Pet Shop	01805 622859
Xanadu (Groceries)	01805 622709

Remember also that the Union Inn at Stibb Cross telephone 01805 601626 are offering a take away service.

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## Virtual careers fair

Devon County Council are working to help local businesses through the coronavirus (COVID-19) outbreak and ensure a strong recovery for the local economy.

Businesses should visit the Heart of the South West Growth Hub to find essential information on available support and advice.

A virtual careers fair has also been launched by the Heart of the South West Local Enterprise Partnership and local authorities for all those across the Heart of the South West area who are currently out of work.

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## How to volunteer and help safely

Many people in the community have been volunteering to offer practical, emotional and social support to their neighbours, communities and the NHS, which is excellent, but they need to do so safely. The Government has published guidance on how to help safely and this can be found on the Government coronavirus pages.

Langtree Parish Council has a list of volunteers that can provide the support needed by individuals. If you would like to be added to the list of volunteers, please contact the parish clerk [leigh.pollinger@gmail.com](mailto:leigh.pollinger@gmail.com) or telephone 01805 601894 or send details to Leigh Pollinger, Langtree Parish Council, 7 The Crescent, Langtree, Torrington EX38 8NH

If you are having to self-isolate during the current health situation with coronavirus, please contact the Parish Council if you would like some support by email [leigh.pollinger@gmail.com](mailto:leigh.pollinger@gmail.com) or by phone: 01805 601894. Alternatively please contact your local councillor, their contact details are available on the Langtree Parish website [www.langtree.news](http://www.langtree.news).

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## Information regarding Public Rights of Way and Coronavirus

It is recognised that public rights of way and the cycleway / walking trails in Devon provide an opportunity for local people to take exercise and get some fresh air in these difficult times. If you have any queries, or are looking for information and advice concerning use of the public rights of way and recreational trail network then please contact Devon County Council's Customer Service Centre or the Public Rights of Way mailbox ([publicrightsofway-mailbox@devon.gov.uk](mailto:publicrightsofway-mailbox@devon.gov.uk)).

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## How To Safely Dispose Of Waste

The following information about waste disposal has been given to us by TDC.

- KEEP YOUR WASTE INSIDE FOR AT LEAST 72 HOURS AND DOUBLE BAG THE WASTE.
- Store personal waste (like used tissues) and disposable cleaning cloths securely in rubbish bags.
- Place these bags within a second bag, tie it securely and store it in a separate room from where you are self-isolating.
- Keep the bags there for AT LEAST 72 HOURS before putting them out after 6pm on the night before your usual collection day.
- Recycling and garden waste can be placed in your usual bins.

- Please keep recycling if you can, but please keep your recycling for at least 72 hours after your self-isolating period.

**STAY HOME**

**STAY SAFE**

**STAY SCAM AWARE**

**Devon, Somerset and Torbay Trading Standards Service**

Commissioned by Devon, Somerset and Torbay Councils



The outbreak of COVID-19 has seen an increase in scams and doorstep traders who are trying to exploit fear and uncertainty during this difficult time. As individuals and communities, we urge you to keep safe and vigilant in the current environment and look out for scams in your neighbourhood, which often target elderly and vulnerable people.

### Types Of Scams

**Testing Kits and Cures**  
There is currently no cure for COVID-19 and limited access to testing kits outside the NHS. When these kits are available, always ensure you are purchasing from a reputable supplier.

**Doorstep Crime**  
There are many genuine community groups and charities that are assisting the most vulnerable, however, be alert for individuals who may be taking money under the false pretence of helping.

**Donation Scams**  
There have been reports of thieves extorting money from consumers by claiming they are collecting donations for a COVID-19 'vaccine'.

**Refund Scams**  
Some companies are offering fake holiday refunds for individuals who have been forced to cancel their trips. People seeking refunds should also be wary of fake websites set up to claim holiday refunds.

**Financial Scams**  
Criminals are seeking to take advantage of the financial uncertainty many people are facing. These include calls/emails pretending to be from your bank, mortgage or internet provider, as well as increases in loan shark activity.

### How To Stay Safe

- If you need help, try and use people you know and trust. If you cannot do this, always ask the person for ID, preferably in the form of a driving licence and make a note of their details
- Don't assume everyone is genuine. It is okay to say no and refuse an offer
- Don't open links or attachments from suspicious emails or text messages
- Never give out your personal bank details, pin, passwords to anyone over the phone, online or on your doorstep
- Don't ring the number the caller has given you to check it's genuine. Always try to look the number up for yourself
- If buying online, only make payments if there is a padlock symbol in the browser window frame and you have carefully checked the site and website address for inconsistencies
- If you are unsure, please seek advice from someone you know and trust

**We are calling on communities to look out for each other. If you see or hear anything suspicious contact the Citizens Advice Consumer Helpline on 0808 223 1133**  
For more advice visit our website: [www.devonsomersettradingstandards.gov.uk](http://www.devonsomersettradingstandards.gov.uk)

## Can you help record life during lockdown?

The Beaford Archive is a much-loved record of everyday life in northern Devon, containing over 80,000 of James Ravilious's photographs taken at the end of the last century. It's been reopened for the first time in 30 years and North Devonians are now being asked to help compile the coronavirus chapter for future generations.

Find out how to take part on the Beaford Archive website.

## Something to look forward to

The Langtree Parish Show is planned for 22<sup>nd</sup> August 2020. If this goes ahead there will be classes related to the lockdown as well as the usual sections. These will include photos of a lockdown country walk from Langtree, that unfinished project finally completed, a new skill, and a garden photo during week 4 of lockdown and at end of lockdown. Crafts will also include any project started in lockdown. The full schedule will be printed in the next newsletter.